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The authors describe contributions to the papers as follows: "Conceptualization, X.X. and Y.Y.; Methodology, X.X.; Validation, X.X., Y.Y. and Z.Z.; Formal Analysis, X.X.; Investigation, X.X.; Resources, X.X.; Data Curation, X.X.; Writing – Original Draft Preparation, X.X.; Writing – Review & Editing, X.X.; Visualization, X.X.; Supervision, X.X..

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**Main text**

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**ABSTRACT** (max. 200 words) – should refer to all consecutive sections of the article, i.e. the introduction, research materials and methods used in the article and the most significant research findings and conclusions.

**KEY WORDS:** (max. 6)

**INTRODUCTION** should briefly place the study in a broad context, highlight why it is important and define the purpose of the work. The current state of the research field should be reviewed carefully and key publications cited.

**MATERIAL AND METHODS** should be described with sufficient detail to allow others to replicate and build on published results.Methods that are already published should be summarized, and indicated by a reference. If quoting directly from a previously published method, use quotation marks and also cite the source. Any modifications to existing methods should also be described.

**RESULTS** should be concise, precise and sufficiently interpreted.

**DISCUSSION AND CONCLUSIONS** the results should be discussed in the broadest context (in perspective of previous studies). This should explore the significance of the results of the work, not repeat them. Possible limitations of the work should be highlighted.

**REFERENCES (max. 25)** must be listed in alphabetical order under the APA standards in the form given below:

**Book**  
Finney, J. (1970). Time and again. New York, NY: Simon and Schuster.

**Edited book**  
Franks, A. (Ed.). (2005). Margaret Sanger's eugenic legacy: The control of female fertility. Jefferson, NC: McFarland & Company.

**Chapter**  
Lawrence, J. A., Dodds, A. E. (2003). Goal-directed activities and life-span development. In J. Valsiner, K. Connolly (Eds.), Handbook of developmental psychology (pp. 517–533). London, England: Sage Publications.

**Journal article**  
Nevin, A. (1990). The changing of teacher education special education. TESE, 13(3-4), 147-148.

**Internet**  
Freakonomics (2010). E-ZPass is a life-saver (literally) [Blog post]. Retrieved from: http://freakonomics.blogs.nytimes.com/2010/10/29/e-zpass-is-a-life-saver-literally/

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All 33 Chile miners freed in flawless rescue (2010). Retrieved from: http://www.nbcnews.com/id/39625809/ns/world\_news-americas/

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Private Education Act, Rev. ed. Cap 247A (2011).

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Pizło, A., Jankowska, D. (2001). Trwałość barwnika dzikiego bzu czarnego w wódkach [Stability of wild elderberry pigment in vodkas]. Przem. Ferm. Owoc.-Warzyw., 45(1), 16–18. [in Polish]

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* **The length of articles** should not exceed 12 printed pages of the A4 format, including graphics and tables. Text should be typed using Times New Roman 12 pts font and 1.5 interline spacing. Text fragments can be distinguished using italics or bold type. However, letters, words or sentences must not be underlined.
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**Table 1.**Title

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| N | Example | Example | Example | Example |
| 1 | 1st | 5,0 | 2,5 | 100 |
| 2 | 2nd | 5,0 | 2,5 | 100 |
| 3 | 3rd | 4,0 | 2,0 | 80 |

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